



كلية الاقتصاد المنزلي

إمتحان نهاية الفصل الدراسي الثاني للعام الجامعي 2021/2022

القسم	التغذية وعلوم الأطعمة	اسم المقرر	لغة إنجليزية تخصص (N 318)
الفرقة	الثالثة	تاريخ الإمتحان	الأربعاء - 22/06/2022
عدد الطلاب	336	زمن الإمتحان	ساعتان: 09:30 - 11:30
عدد الصفحات	6	الدرجة العظمى	30 درجة

من فضلك اجب على جميع الأسئلة التالية في نفس الورقة

**Q. 1: Choose the correct answer from the options (A), (B), (C) and (D).**

**(10 marks)**

1. Which of the following is true regarding central obesity?
  - A. More weigh below waist.
  - B. More weigh above waist.
  - C. Pear shape.
  - D. Low fat stored around the abdominal area.
2. Chronic cholecystitis defined as a long-term inflammation of the .....
  - A. Gallbladder.
  - B. Liver.
  - C. Small intestine.
  - D. Rectum.
3. Which of the following is a diet used for a patient with chewing and swallowing difficulties?
  - A. High calorie.
  - B. High protein.
  - C. Fat restricted.
  - D. Clear liquid.
4. Which of the following is a disease caused by vitamin C deficiency?
  - A. Scurvy.
  - B. Anemia.
  - C. Rickets.
  - D. Goiter.
5. What is the term does describe "the pain or discomfort in the stomach when eating"?
  - A. Dyslipidemia.
  - B. Dyspepsia.
  - C. Dysphagia.
  - D. Anorexia.

6. Which of the following may be considered as a feature of anemia?
- A. High level of red blood cells.
  - B. High level of hemoglobin.
  - C. High level of oxygen.
  - D. Red blood cells are too immature.
7. .... is a psychological condition, usually found in girls and young women, in which a person refuses to eat because of a fear of becoming fat.
- A. Anorexia nervosa.
  - B. Central obesity.
  - C. Peripheral obesity.
  - D. Severe obesity.
8. Which of the following is a dietary antioxidants?
- A. Calcium.
  - B. Sodium.
  - C. Vitamin C.
  - D. Vitamin B complex.
9. Which abbreviation does describe the following "measurement of the level of energy required to maintain the body's vital life"?
- A. ADP.
  - B. BMR.
  - C. ATP.
  - D. CVD.
10. Bile is stored in the ..... and produced in the .....
- A. liver – gallbladder.
  - B. gallbladder – liver.
  - C. gallbladder – small intestine.
  - D. small intestine – gallbladder.
11. Which of the following is used to achieve a whitening effect in the milling and baking industries?
- A. Flavoring agents.
  - B. Coloring agents.
  - C. Texturizing agents.
  - D. Bleaching Agents.
12. How can body mass index (BMI) be calculated?
- A.  $BMI = (\text{height } m^2 / \text{weight } kg)$ .
  - B.  $BMI = (\text{weight } kg / \text{height } cm^2)$ .
  - C.  $BMI = (\text{weight } kg / \text{height } m^2)$ .
  - D.  $BMI = (\text{height } cm^2 / \text{weight } kg)$ .

13. Which of the following is caused by thiamine deficiency?

- A. Scurvy.
- B. Anemia.
- C. Beri-beri
- D. Goiter.

14. .... is an emulsifier used to prevent mixtures containing dissimilar liquids from separating.

- A. Egg yolks.
- B. Oil.
- C. Vinegar.
- D. Mayonnaise.

15. All of the following are main electrolytes in the body fluid EXCEPT .....

- A. potassium.
- B. magnesium.
- C. manganese.
- D. chloride.

16. What is the dietary source of Vitamin B<sub>3</sub>?

- A. Vegetable.
- B. Milk.
- C. Meat and Egg.
- D. All the above.

17. Which of the following is a result of Vitamin A deficiency?

- A. Cancer.
- B. Night blindness.
- C. Scurvy.
- D. Anemia.

18. Four grams of carbohydrate provide the body with .....

- A. 4 Kcal.
- B. 17 KJ.
- C. 12 Kcal.
- D. 68 KJ.

19. What is the daily requirement of Zinc?

- A. 11-18 g.
- B. 30-35 mg.
- C. 5-9 g.
- D. 3-14 mg.

20. Menkes disease is caused by a deficiency of .....

- A. zinc.
- B. calcium.
- C. iron.
- D. copper.

**Q. 2: Match column (A) with the suitable one of the column (B). (5 marks)**

Answer	Column A		Column B	
.....	1	Enhance the absorption system of calcium .....	A	Atherosclerosis and thrombosis.
.....	2	Vitamin A is called .....	B	Vitamin D
.....	3	Not stored in the body .....	C	obesity
.....	4	Important in vision, bone formation, antioxidants, and blood clotting .....	D	Protein
.....	5	Needed by the body for body building, repair and maintenance of body tissues .....	E	insulin dependent diabetes
.....	6	Important for the manufacture of many hormones, such as: testosterone .....	F	Water-soluble vitamins
.....	7	Type 1 diabetes is also known as .....	G	non-insulin dependent diabetes
.....	8	The main events that lead to CVD are .....	H	Vitamin E
.....	9	The result of energy intake exceeding energy expenditure over a long period of time is .....	I	Lipids
.....	10	Type 2 diabetes is also known as .....	J	Retinol

**Q. 3: Grammar: (15 marks)**

**1) Choose the correct answer: (5 marks)**

- I'll have ..... dozen eggs and ..... loaf of bread, please.  
 A. some - a                      B. a - a                      C. some - some                      D. a- some
  - I'm afraid I didn't enjoy ..... experience at all.  
 A. a                      B. an                      C. the                      D. No word
  - He eats a lot. He's getting..... and .....
- A. fat - fat                      B. fatter - fatter                      C. fatly - fatly                      D. the fattest - the fattest
- Mohamed Salah is the world's ..... footballer.  
 A. best                      B. the best                      C. the good                      D. better than
  - Ellen was ..... she usually is.  
 A. more cheerfully than    B. more cheerful    C. a bit cheerful than    D. more cheerful than

6. Of all the machines, this one works .....

- A. good                      B. better                      C. better than                      D. the best

7. .... glass they used to make the bridge was very strong.

- A. A                      B. An                      C. The                      D. No word

8. .... chocolate I ate last night tasted very strange.

- A. A                      B. An                      C. The                      D. No word

9. This shirt is really strange. It's made of ..... paper.

- A. a                      B. an                      C. the                      D. No word

10. Going by car took ..... going by train

- A. twice as long as    B. as twice long as    C. as long twice as    D. as long as twice

**2) Translation:**

**(5 marks)**

**A) Translate into Arabic:**

Naguib Mahfouz's Trilogy presents the intimate history of an Egyptian middle class family through the critical period extending from the nationalist movement revolution of 1919 till the eve of the social revolution of 1952.

.....

.....

.....

.....

.....

**B) Translate into English:**

التعليم وتطويره لا يكفي وحده لدعم فكرنا القومي ولكن لابد من عملية تطوير شاملة لحياتنا من كافة جوانبنا السياسية والاقتصادية والاجتماعية والثقافية .

.....

.....

.....

.....

.....

**3) Writing:**

**(5 marks)**

- Write a paragraph of **120 words** on **ONE** the following topics:

1- The Impacts of Technology on our Life.

2- Bullying among University Students.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

\*\*\*\*\*

انتهت الأسئلة

مع خالص الأمنيات بالنجاح والتوفيق..

أ.م.د/ محمد مهران

أ.م.د/ أمل ناصف

د/ حماده السجيني